

WHO WE ARE

The Nogojiwanong Friendship Centre (NFC) is a not-for-profit, culture and community based organization mandated to serve the needs of urban Aboriginal people in the City of Peterborough and surrounding area. We provide culture based programs and social activities to all urban Aboriginal people along the life cycle.



OTHER PROGRAMS

PRENATAL & FAMILY SUPPORT

- Prenatal Nutrition Program

CHILDREN & YOUTH

- Akwe:go Program
- Wasa-Nabin Program

YOUTH COUNCIL

HEALTH

- Addictions & Mental Health
- Healthy Kids Program
- Urban Aboriginal Healthy Living

HEALING

- Aboriginal Community Wellness
- Kizhaay Anishinaabe Niin

CULTURAL RESOURCE PROGRAM

COURT WORKER PROGRAM

For more information on our programs
check out our website:
nogofc.ca



@nogoFC



@Nogojiwanong_FC



Nogojiwanong Friendship Centre

...serving the needs of urban Aboriginal
people in the city of Peterborough.

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ABORIGINAL FAMILY SUPPORT PROGRAM

The Aboriginal Family Support Program focuses on strengthening parenting and care giving skills through supporting the spiritual, physical, emotional and intellectual needs of urban Aboriginal children aged 0 to 6 years and their families.

Program activities and services provide parents and caregivers with opportunities to learn about effective parenting strategies, child development, safety awareness and good life teachings, and be supported through the early parenting years.

PROGRAM DESCRIPTION:

Each program will provide support and guidance within a cultural framework for parents, caregivers and children aged 0 to 6 to develop parenting and healthy life style choices.

Aboriginal Family Support Program Services:

- Cooking With Kids
- Healthy Meals on a Budget
- Family and Well Baby Clinics
- Educational Workshops designed to support the family and child
- Reading and Parent's Literacy Program
- "Daddy and Me" and "Mommy and Me" Programs
- Little Cubs Playgroup
- Parent's Circle
- Parenting Classes
- Drop In

The Aboriginal Family Support program incorporates culture into our activities and provides healthy snacks and refreshments.

ADDITIONAL ABORIGINAL FAMILY SUPPORT PROGRAMS INCLUDE:

- Traditional Cultural Celebrations
- Clothing Exchange
- Family and Well Baby Clinics
- Education & Safety Workshops: School Safety, Crime Prevention, Home Fire Safety, Fetal Alcohol Spectrum Disorder
- Seasonal Family Fun Parties
- Parent's Committee
- Community Resources
- Resources to support family and child ie: diapers, baby products, formula, etc.

